OUR FAMILY CULTURE · PLANNER

Our Family Traditions

Year _____

Repetition
Again and again, on purpose

Meaning
Say the why out loud

Everyone's involved
Give kids real roles

Traditions we already have

TRADITION	WHEN	WHY WE LOVE IT

1 Pick one new tradition. Not five. One.

This year, we'll start _____

How often ◯ Daily ◯ Weekly ◯ Monthly ◯ Yearly ◯ Milestone

2 Name the value behind it

We do this because in our family, we _____

Our Fundamental _____

3 Put it on the calendar

A tradition without a date is a wish.

First date _____ **Then every** _____

_____ will _____ _____ will _____

_____ will _____ _____ will _____

4 · Protect it

What might crowd it out, and how we'll keep it

_____

_____

5 · Review it once a year

Our family meeting date _____

Which do we love? Which feel like a chore? What should we try next?

A tradition is a promise your family keeps to itself.